

NAN HOPE

Nishnawbe Aski Mental Health and
Addictions Support Access Program



24/7 phone line at
1-844-NAN-HOPE (626-4673)



Live web-chat and text support
through nanhope.ca and facebook



Streamlined navigation to
community-based & regional
support services



Rapid access to confidential
counselling support by phone and;



Access to a 24/7 crisis/distress
support line

The logo consists of a dark red square with a black horizontal bar at the top and a yellow horizontal bar at the bottom. The letters 'NH' are written in white in the center of the red square.

NH

nanhope.ca